

ENERGY AWARENESS

PRESENTED BY CHRISTOPHER & MARLA ILO OF THE SANCTUARY OF THE INFINITE HEART

Tuesday
July 27 - 7pm

We, as human beings, are made up of more than just our physical bodies.

A lot more!

We are also made up of **ENERGY**.

Some traditions call this energy mana, chi, prana or life force.



In this class you will learn:

- ways in which energy moves into & out of your body, teaching you how your energy levels increase or decrease as a result.
- about different kinds of energy
- how energy flows between people, thus **improving communication**.
- when it is appropriate to consciously adjust your energy level, resulting in more **control, freedom, awareness & a greater sense of well-being**.
- a technique that will aid in **decision making** & show where your energy level is at.



Christopher is a **Toltec Shaman**.

You can find more about his services at www.PsychicInHawaii.com/ChristopherIlo.html

He can be reached at **375.0864**.



Marla is a **Holistic Medical Intuitive & Energy Healer**.

You can find more about her services at www.PsychicInHawaii.com/Marla.html

She can be reached at **636.7303**.

Details

When: 7 - 8:30pm, July 27

Where: Mapunapuna
(address given upon registration)

Fee: \$20

Register: **808.636.7303**

RSVP by: Monday, July 19